

Doors to Wellbeing Quarterly

# Newsletter

## DOORS TO WELLBEING IN THE NEXT 5 YEARS...

Doors To Wellbeing (D2W), a project of the Copeland Center for Wellness and Recovery, has been yet again funded by SAMHSA as a National Consumer Technical Assistance Center. D2W works toward bringing the greatest advancements and evidence-based best practices for consumer and peer support led initiatives across the United States. Our primary focus is to educate Peer Specialists and the mental health workforce on the successful integration of peer support workers in behavioral health treatment delivery systems. Over the next five years we will focus on disseminating information, training and resources on evidence-based practices that promote recovery and wellness. Specifically, our new funding addresses initiatives that provide education and resources regarding Psychiatric Advance Directives, Supported Employment, and Supported Education. We will strive to not only educate peers and people with lived experience, but also to educate public and private sectors to better accommodate individuals with lived experience with mental health difficulties. D2W understands the importance of promoting the voice and the practical knowledge individuals with lived experience bring to the workforce. D2W aims to strengthen the Peer Specialist workforce nationally.

### OUR QUARTERLY SPOTLIGHT



LIVE & LEARN

## WHAT CAN D2W DO FOR YOU?

- Free education via our peer specialist webinar series
- Supported education and employment resources
- Continuing education trainings for peer specialists
- Trainings on evidence-based practices

### Coming soon!

- Resources and trainings around Psychiatric Advance Directives (PADs)
- More updates coming to our Peer Specialist Database



# OUR QUARTERLY SPOTLIGHT



LIVE & LEARN

Live & Learn, Inc. is a California-based social enterprise specializing in partnerships between community members/service users and behavioral health researchers in public and academic settings. Live & Learn works with public health system stakeholders to conduct applied research and policy projects that have a measurable impact on the mental health of service users, families, and communities and advance social change globally. They specialize in the inclusion of those who have personally struggled with their mental health in these projects.

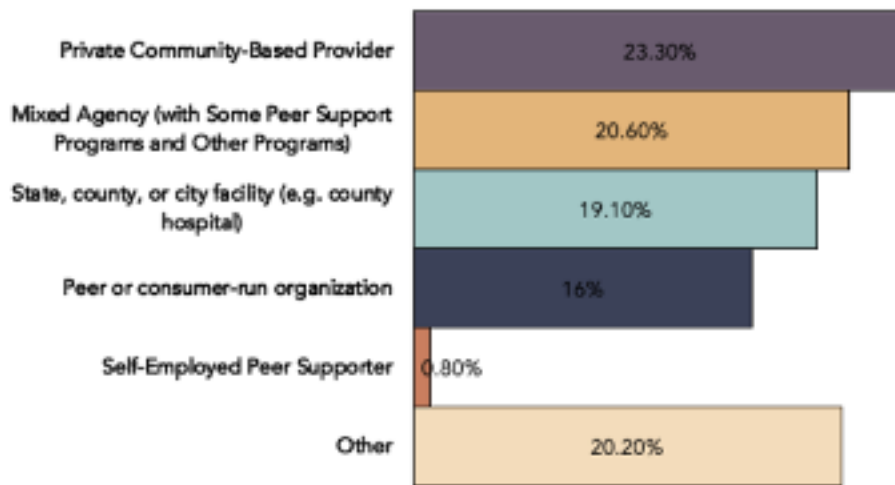
Live & Learn brings the entrepreneurial spirit to synthesizing lived experience with learned expertise: a passion for seeking out high-influence opportunities that redefine the status quo in behavioral health services and policy. Current projects include the Certified Peer Specialist Career Outcomes Study, which is a three-year, national study of employment outcomes of individuals who have obtained a CPS credential, (you can see preliminary results and read more about the study at <https://www.peerspecialist.net/>) and Reclaiming Employment (<https://www.reclaimingemployment.net/>), an online resource that will support entrepreneurship by individuals who have used mental health services, including helping peer specialists start their own private practice businesses. Live and Learn has worked closely with Doors to Wellbeing to build the Peer Specialist Certification Database, which can be found here: <https://copelandcenter.com/peer-specialists>

In the Certified Peer Specialist Career Outcomes Study, Live & Learn surveyed participants from 4 states. Those surveyed included people of color, peer specialists not working for pay, and recent CPS grads who are critical of certification or have had negative experiences. "We believe research studies should include people who are representative of the diversity of the group so the results can help everyone."

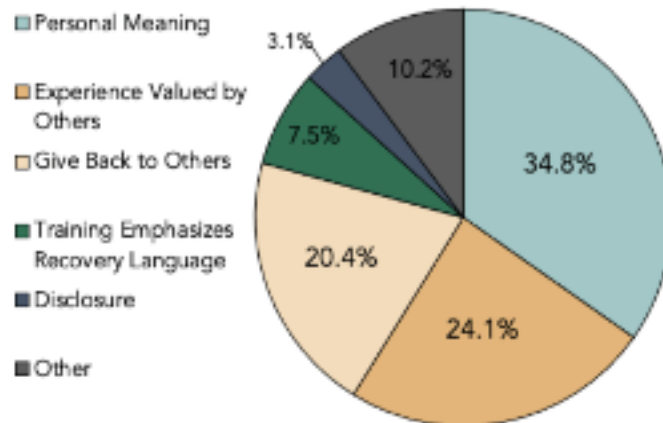


# Here is a sneak peek at some of Live & Learn's CPS Career Outcomes Study results! Find more at [peerspecialist.net](http://peerspecialist.net).

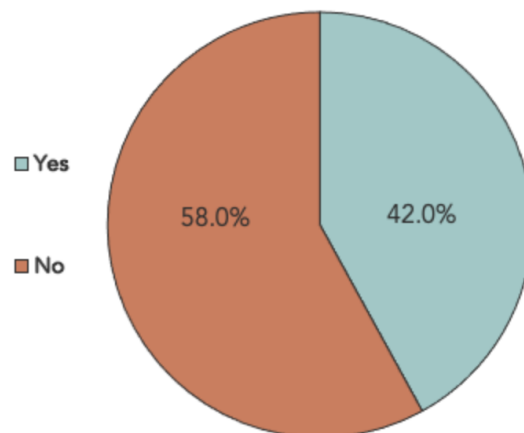
### Peer Support Job Setting



### Most Important Reason for Working in Peer Support



### Had a Job in the Last 12 Months Requiring Peer Certification



# UPCOMING EVENTS AND PROJECTS

## Introducing the National Peer Specialist Warmline Council!

NPSWC's mission is to provide national support and networking to advance the benefits, values, and diverse access of peer-supported, peer-operated, and peer-led warm-line services.

This group is organized and facilitated through networking and inclusion of diverse peer-supporters who are working on, developing, and supervising peer warmlines across the nation. Peer Specialists currently operating, seeking to work on, looking to develop, or simply curious to learn more about peer-supported warmline employment are encouraged to join NPSWC online groups. Each session will focus on working in wellness, networking support, current events in warm line services, and addressing system priorities as defined by the group members.

If you are interested in joining this council, please contact us at [D2Winfo@copelandcenter.com](mailto:D2Winfo@copelandcenter.com)



*Doors to To Wellbeing is a Program of the Copeland Center*

**LOOK FORWARD TO OUR NEXT NEWSLETTER! ...APRIL 2021**

# PEER SPECIALIST DATABASE

This database includes:

- Peer Specialist Certification Process and Training Information
- Medicaid Eligibility of Peer Specialists
- Statewide Peer Specialist Organizations
- Peer Support Conferences
- Requirements for Peer Support Supervisors
- Helpful Website and Resources

Additionally, this database is designed to conduct side-by-side comparisons from your choice of states and specific database information.

<https://copelandcenter.com/peer-specialists>

**[Peer Specialist Webinar Series](#)**

**Check out our monthly webinars - last Tuesday of each month!**

**Click here to view our webinars**



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